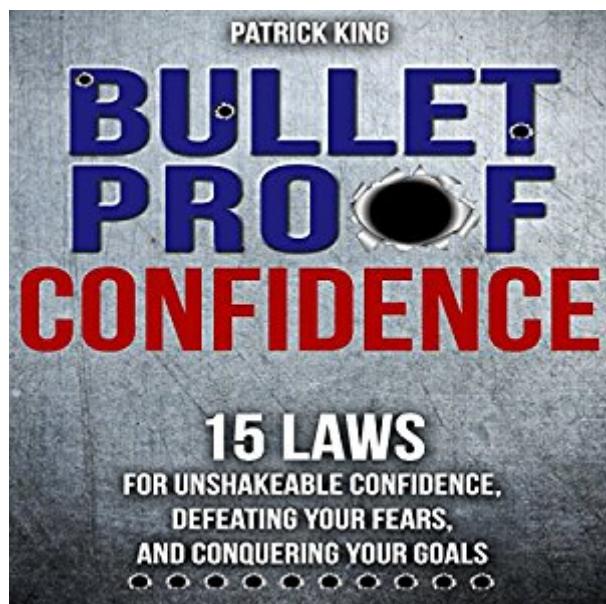


The book was found

Bulletproof: 15 Laws For Unshakeable Confidence, Defeating Your Fears, And Conquering Your Goals



Synopsis

Are you a victim of low confidence, low self-esteem, and insecurity - and are they preventing you from the life that you want and deserve? Does this leave you afraid to take action? Continually sitting on the sidelines and thinking about the "what ifs" in your life? All of this can be changed, improved, and upgraded with an injection of explosive, unshakeable confidence! Everything that you want in life is achievable if you possess the confidence to allow your positive traits to shine through and take action. Say goodbye to your fears, roadblocks, excuses, and hello to new heights and accomplishments. Bulletproof is a synthesis of the confidence hacks and laws that I've used to grow my confidence to what it is today... from my humble roots as a fat kid and possibly the most insecure seven-year-old in the world. It was a painful process of experimentation and deep introspection - a process which I hope to spare you in bringing you my 15 laws for unshakeable confidence! The 15 laws I present are intuitive, insightful, and above all else, actionable and realistic. There is also none of "faking it 'til you make it" and other generic pieces of advice that don't help you. Nothing else matters if you can't utilize my laws and take lessons and value from them - and I can promise that you'll get that here. What will the confidence laws teach me? Why perfectionism kills your confidence and how to break out of it. How embracing failure can be your greatest teacher and asset. Where true confidence should stem from and why. How confidence makes you a magnetic presence anywhere you go. As well as: Eleven simple confidence hacks and mindsets that you can use today! Six confidence-destroying mindsets that you need to eliminate now. Confidence is a trait that makes people stand up and take notice of you in all the best ways. Don't let this chance to shatter your limits and fears and accomplish new heights pass you by. Start the rest of your life

Book Information

Audible Audio Edition

Listening Length: 1 hour and 43 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Patrick King

Audible.com Release Date: August 2, 2016

Language: English

ASIN: B01JF1Z496

Best Sellers Rank: #210 in Books > Health, Fitness & Dieting > Men's Health #221

Customer Reviews

Loved this book and this author! Received a lot of great insight and tips.

Great

Very insightful

Good confidence building ideas

This self-published book is badly in need of an editor, or at the very least a spellchecker or proofreader. Spelling mistakes and poor grammar populate a disorganized text that asks us to accept at face value some very general statements about self-confidence, the meaning of which is further diluted by endless repetition and a comical grandiloquent style. The author's amateurism is further underlined by the formatting of the book. It features large print and large areas of white space between the lines and between chapters.

[Download to continue reading...](#)

Bulletproof: 15 Laws for Unshakeable Confidence, Defeating Your Fears, and Conquering Your Goals Confidence: How to Build Powerful Self Confidence, Boost Your Self Esteem and Unleash Your Hidden Alpha (Confidence, Self Confidence, Self Esteem, Charisma, ... Skills, Motivation, Self Belief Book 8) Confidence: Gorilla Confidence - Simple Habits To Unleash Your Natural Inner Confidence (Self Esteem, Charisma, Personal Magnetism & Self Confidence) Confidence: Gaining the Confidence You Need to Succeed in Life.: Easy Tips & Tricks on How to become more Self Confident and Gain Creative Confidence (Confidence: ... Person You've Always Wanted to be. Book 1) 131 Greatest Quotes from Tony Robbins: Life, Goals, Unshakeable Success, Money, Happiness (Success and Life Lessons from Famous People) (Volume 2) Bulletproof Coffee: Power from an unusual Source (Weight Loss, Energy Boost, Paleo approved, Bulletproof Diet, Coffee) Charisma: Discover How to be More Charismatic, Enhance Your Social Skills and Create a Magnetic Aura: Confidence Hacks (Charisma, Confidence, Self Confidence, ... Influence, Persuasion, Mind Hacks, Book 7) Better Running Goals: The Step-by-Step Guide to Setting Goals for Your Body, Mind, and Lifestyle Picking and Sticking with New YearÃ¢â„¢s Resolutions beyond January (Inspiration,

quick read): On the road to your goals (New Year's Resolution, goals, organization) Bulletproof Confidence: The Art of Not Caring What People Think and Living Fearl The Brave: Conquering the Fears That Hold You Back Brave, The: Conquering the Fears That Hold You Back Conquering Anorexia (Conquering Eating Disorders) CÃƒÂ mo vencer tus Miedos y tener Confianza en ti mismo [How to Overcome Your Fears and Have Confidence in Yourself]: El mÃƒÂ©todo para tener Autoconfianza total [The Method for Full Self-Reliance] How to Gain Confidence as a Rider: A Champion's guide to understanding and overcoming your fears The Self-Esteem Workbook for Teens: Activities to Help You Build Confidence and Achieve Your Goals The Think Confident, Be Confident Workbook for Teens: Activities to Help You Create Unshakable Self-Confidence and Reach Your Goals Wire Your Brain for Confidence: The Science of Conquering Self-Doubt Unshakeable: Your Financial Freedom Playbook Summary of Unshakeable by Tony Robbins

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)